

## “Taking Care of Our Own”

The SENIOR LIVING FOUNDATION (SLF) supports the Foreign Service community in several different ways.

1

**Resource Center:** Active duty Foreign Service personnel, as well as retirees, can contact SLF's social worker for information on community, state, and Federal resources.

2

**Financial Assistance:** When more help is needed, the Foundation provides financial assistance. SLF may cover the costs for a one-time emergency or establish an ongoing monthly grant. Evidence of need is required for financial support consideration.

3

**Educational Programs:** Our Educational Programs provide colleagues with the information and guidance from experts in their fields to help prepare them for the future.

4

**Parent Program:** Our Parent Program provides limited assistance to the parents and parents-in-law of active duty Foreign Service employees.

*The Foundation considers each case individually and maintains total confidentiality.*



## OUR MISSION

The mission of the Senior Living Foundation of the American Foreign Service is to provide support to retired Foreign Service personnel and their spouses (including surviving and divorced spouses) and, on the basis of need, to defray the cost of home health care services, senior housing, long term care, or other senior services that contribute to the health and security of the retired Foreign Service family.

## Contact Us



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Senior Living Foundation

**PARENT  
PROGRAM**



SENIOR LIVING FOUNDATION  
OF THE AMERICAN FOREIGN SERVICE

“ We cannot thank the Senior Living Foundation enough for their generous support. It truly is a blessing! We have a little breathing room now. ”

**SUPPORT**

## SENIOR LIVING FOUNDATION PARENT PROGRAM

Our most important responsibility is to take care of each other and our families. But it's often challenging, especially for those separated from family members and loved ones. When a parent faces an urgent or chronic medical situation, it can be very stressful for a Foreign Service employee who is far from home.

In response to the needs of many of our Foreign Service personnel who are managing their parents' health needs from afar, the Senior Living Foundation (SLF) launched the Foreign Service Parent Program to provide limited assistance to the parents and parents-in-law of Foreign Service employees. Through its social worker consultants, the Foundation has access to Aging Life Care Professionals across the United States.

The Foundation can arrange for an in-person visit by one of these professionals to assess the parent's needs, develop a care plan and provide information on helpful resources.

**PROGRAM**



### WHO IS ELIGIBLE?

Parents and parents-in-law of active duty Foreign Service personnel, who are in need of assistance.



### HOW IT WORKS

When SLF is contacted by an active duty Foreign Service employee for advice and support for a parent or parent-in-law, we find local Aging Life Care Professionals to work with the family and develop a short or long term care plan. The ultimate goal is a safe environment for the parent.

Limited financial assistance may be available, on the basis of need, to help cover expenses like home health care, facility care, reimbursed medical expenses, etc.



### HOW DO I APPLY?

Requests must be submitted by the active duty Foreign Service employee on behalf of the parent and/or parent-in-law needing assistance, via email or phone. Once received, prospective grant recipients will be referred to SLF's social worker for an initial determination of eligibility. Additional documentation, such as financial statements may be required to ensure that grantees meet the financial criteria.

**ABOUT US**

## BUILDING A PROUD TRADITION

For over 30 years, SLF has provided assistance to Foreign Service retirees and their spouses in the form of advice, guidance, and direct financial support. We have assisted with geriatric care assessments, home health care, basic living expenses, uncovered medical expenses, prescription copays, and more.

Our mission of "taking care of our own" has helped thousands of colleagues and their families who have turned to us in their time of need. The Parent Program expands upon that tradition by including elderly parents and/or parents-in-law of active duty Foreign Service members needing assistance.

Our overall goal in all cases is to help our Foreign Service colleagues and their parents cope with life's changes - maintaining peace of mind, dignity, and security.

