

**SLF***A Time of Service,**A Time of Need*

# SENIOR LIVING FOUNDATION of the AMERICAN FOREIGN SERVICE

Volume 20, Number 1

FOUNDATION NEWSLETTER

March 2017

## MESSAGE FROM THE CHAIRMAN ~



**Thanks to your strong support**, the Senior Living Foundation (SLF) of the American Foreign Service continues to meet its most important mission: “taking care of our own.”

Your ongoing, generous contributions made it possible for the Foundation to have an even stronger impact in the Foreign Service community. In 2016, SLF received over \$620,000 in individual donations, corporate gifts, and bequests. Examples of what SLF achieved include providing assistance to retired Foreign Service personnel and their spouses by defraying the costs of home health care services, senior housing, long term care, and so many other services.

Beyond SLF’s assistance to those in need, the Foundation moved forward with several projects in 2016. We hosted our 7th Planning for Change (PFC) seminar in September. The successful event featured ten guest speakers with expertise in a variety of areas. Participants learned about new medicines coming to market, the challenge of increasing resistance to antibiotic drugs, and estate planning. SLF also continued to capture stories from the Foundation’s beginnings through the Oral History Project. These testimonials and recordings have been added to the SLF website, [www.slfoundation.org](http://www.slfoundation.org). You can also read more about PFC and the Oral History project inside this newsletter. Our SLF Facebook page has grown to nearly 200 fans since launching in 2015. Our effort to create an online community to share ideas has been effective and worthwhile. Thank you to those who took the time to join the conversation.

I am sorry to report the passing of John P. Shumate, an SLF Board Member and one of the founders of the Foundation. He died on August 15, 2016, at the age of 81. He joined the Foreign Service in 1957 and had a valued career at the State Department. After retiring from public service, John became the Executive Vice President of the American Foreign Service Protective Association, SLF’s sponsor. As one of the founders of SLF, he helped define the strong work of the Foundation. We honor his memory by continuing the efforts that he and others began. Learn more about John P. Shumate’s life on the back cover of this newsletter.

We cannot fulfill our mission without your ongoing generosity. I thank you for your dedication to the Foundation. I hope we can count on you again this year. It is your contributions that make it possible for SLF to continue “taking care of our own.”

Sincerely,

*Marc Grossman*

*Sponsored by the* AMERICAN FOREIGN SERVICE PROTECTIVE ASSOCIATION

## OVERVIEW

The Senior Living Foundation (SLF) continually strives to meet the needs of the Foreign Service family. In 2016, SLF provided assistance in many forms. Our Resource Center supported those who needed guidance in planning for the next stage in their lives. Also, active duty colleagues, especially those serving overseas who needed help making decisions for aging family members, called the Foundation for advice. Lastly, SLF defrayed the cost of utility bills, basic living expenses, prescriptions, medically necessary dental work, and care management services. All this is possible because of your financial support. Thank you for your generosity.

As mentioned, the Foundation has achieved great success from your ongoing contributions. But it also thrives because of the strong leadership given by SLF's distinguished Board of Directors. This year, we added three new members to the board. SLF would like to welcome Amb. Robert Blake, Jr., Amb. James Gadsden, and Gretchen Gerwe Welch. They served many years in the Foreign Service and bring a wealth of experience to the SLF Board. We are grateful for their involvement and their willingness to serve.

SLF has been busy with various outreach efforts this past year. To begin, SLF's leadership visited the State Department's Retirement

Office (RET) to share information on the purpose and the work of the Foundation. We appreciate the support and cooperation of the RET counselors in their interaction with clients. Also, for the first time, SLF joined AFSA and DACOR in cosponsoring the 2016 Foreign Affairs Day. SLF hosted an information table at the event to allow active duty and retired Foreign Service colleagues to learn more about the Foundation's work. In addition, SLF held its 7th Planning for Change Seminar. It featured a variety of speakers to prepare the audience for their next stage of life decisions. Read more and see pictures from all three of these events on pages 4 and 5 of this newsletter.

There are other noteworthy SLF initiatives to highlight. The Oral History Project, which started in 2015, continues to expand. Please take the time to listen to the new recordings on SLF's website. The personal written testimony of the late John P. Shumate also is housed on this web page. Finally, SLF's Facebook community keeps growing. We share posts aimed at seniors and their caregivers. The content focuses on health, diet, exercise, safety, self-care, and more. If you haven't joined yet, please like SLF's Facebook page at [www.facebook.com/seniorlivingfoundation](http://www.facebook.com/seniorlivingfoundation).

As you can see, SLF remains committed to our mission of "taking care of our own." Thanks to your continued support, we were able to assist the many Foreign Service colleagues who turned to SLF for help. A few of their touching stories are shared on the following page.

## HONORARY CHAIRMEN

Madeleine K. Albright  
James A. Baker III  
Frank C. Carlucci  
Hillary Rodham Clinton  
Henry A. Kissinger  
Colin L. Powell  
Condoleezza Rice  
George P. Shultz

## BOARD OF DIRECTORS

Marc I. Grossman, *Chairman*  
Sheldon J. Krysz, *Vice Chairman*  
Thomas M. Tracy, *Secretary-Treasurer*  
Joan M. Clark, *Chairman Emeritus*  
Robert O. Blake, Jr.  
William J. Burns  
Paul M. Cleveland  
James I. Gadsden  
Edward "Skip" Gnehm  
William C. Harrop  
Maura A. Harty  
Alan W. Lukens  
Thomas R. Pickering  
Rozanne L. Ridgway  
Gretchen G. Welch  
Sharon P. Wilkinson

## DEPT. OF STATE LIAISONS

Arnold A. Chacon  
Charles H. Rosenfarb, M.D.

## ADVISORS

Stuart E. Branch  
Theodore L. Eliot, Jr.  
George W. Landau

## EXECUTIVE DIRECTOR

Paula S. Jakub

## DEPUTY DIRECTOR

C. Kyle Longton

## SOCIAL WORK CONSULTANT

Kate Aubert, MSW

## SLF Mission Statement

*The mission of the Senior Living Foundation of the American Foreign Service is to provide support to retired Foreign Service personnel and their spouses (including surviving or divorced spouses) and, on the basis of need, to defray the cost of home health care services, senior housing, long term care insurance, or other senior services that contribute to the health and security of the retired Foreign Service family.*

## GRANT GIVING & RESOURCE CENTER

A recent widow of a retired FSO contacted SLF. Over the last decade, the real estate market had an adverse effect on the couple's investments. She had quit her job several months before to care for her ailing husband before his passing. With no income, children still in school, and mortgage payments due, she turned to SLF.

★ *We provided emergency grants to assist her until she received her survivor annuity and life insurance settlement.*



A retired FSO diagnosed with dementia and his wife moved in with their adult child and family for care support. When the retiree passed, there was a need for a companion aide for his widow.

★ *SLF provided three emergency grants to pay for the aide until the survivor annuity was processed.*



The family of an FSO widow contacted the Foundation regarding help with an aide. The widow needed accompaniment on errands and medical appointments. Given

some medical issues, the alternative would be for the widow to reside in a care facility.

★ *SLF provides a monthly grant for companion care several times a week, resulting in an improvement in the widow's overall health and quality of life.*



The divorced spouse of an FSO has received assistance from SLF for several years. Some health issues limit her mobility and make living independently difficult.

★ *SLF pays for a Medigap policy to assist with medical expenses and provides a monthly grant to help with basic living expenses.*



A retired FSO with a degenerative disease resides in a long term care facility but recently took a turn for the worse. His wife contacted the Foundation for guidance on the steps to take when he passed.

★ *The Resource Center provided her with the necessary information to contact the State Department. The spouse knows she can contact SLF for other assistance, if needed.*



A family member of an FSO with dementia contacted the Foundation. SLF had helped arrange for care management services several years ago. This time, there was a need for assistance managing finances for the retiree.

★ *SLF's Resource Center provided the family member with a list of attorneys in her area who are members of the National Academy of Elder Law Attorneys and the number for the Alzheimer Association's hotline. We assured her of SLF's continued availability for future assistance.*



A retired FSO with dementia resides in a memory care unit but has outlived her savings. Her family members contacted SLF for help.

★ *SLF provides a monthly grant which allows the retiree to remain in her current facility.*

## THE ORAL HISTORY PROJECT



A few years ago, the Senior Living Foundation (SLF) started on a journey to preserve our memories and tell our stories. The Oral History Project gathers information from individuals who were there in the early stages of SLF. Using an interview format, their voices serve as records from the people who participated in SLF's beginnings. The late John P. Shumate gave his story in a written format.

The Oral History Project strives to obtain information from different perspectives. The result is a collection of words from those who helped mold this thriving organization. These are the people who saw the need and took action. In 2016, new participants were included in SLF's Oral History Project. We added Jill Chobanian, SLF's first Social Work Consultant; Amb. Thomas R. Pickering and Amb. Sheldon J. Krys, SLF Board Members; and John P. Shumate, a founder and past Executive Director.

There are nearly ten testimonies available on SLF's website presently. Visit [www.SLFoundation.org](http://www.SLFoundation.org) under the "Our Stories" tab, to experience these personal accounts for yourself. It will reveal and confirm that SLF has built a proud tradition of "taking care of our own."



## RET LUNCHTIME PRESENTATION

On February 26, 2016, SLF's leadership visited the State Department's Retirement Office (RET). A lunchtime presentation was given to share the great accomplishments of SLF. The RET staff listened to SLF's mission and purpose as well as SLF's most impactful cases. At the same time, the SLF leadership heard the kind of matters that the RET staff encounter every day. The Foundation values the relationship that exists with the Retirement Office in DC and the HRSC in Charleston, SC. They are able to refer seniors for SLF's services and SLF can educate Foreign Service seniors on the benefits offered by the RET offices. These periodic meetings help identify how SLF and the Retirement Office can continue to best support each other.



## FOREIGN AFFAIRS DAY



SLF participated in Foreign Affairs Day at the State Department on May 6, 2016. The event honors retired Foreign and Civil Service employees and serves as an annual homecoming celebration. This year, SLF joined AFSA and DACOR in cosponsoring the event. SLF hosted an information table, along with other organizations that serve the Foreign Service community. It was a great opportunity to share the work of the Foundation with others and to let them know SLF is available to assist.

## 7th PLANNING FOR CHANGE SEMINAR

On September 15, 2016, the Senior Living Foundation (SLF) held its biennial Planning for Change Seminar. The goal of the event is to inform attendees and help them prepare for various challenges they may face as they age. SLF Chairman Marc Grossman welcomed attendees and introduced a diverse group of speakers before turning the program over to moderator Jim Eden, Chairman of the Eden Group.

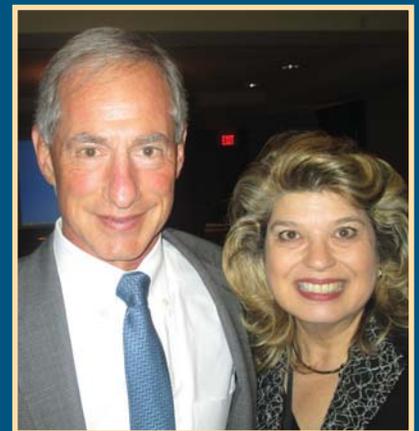
Dr. Steve Miller, Chief Medical Officer of Express Scripts Inc., discussed the rising costs of prescriptions drugs and what innovations can be expected in drug therapies in upcoming years. He also provided useful information about the increase in antibiotic resistance and what can be done to combat it. (Hint: Wash hands.)

Dorothy Briggs, Director of Clinical Health Services at Aetna, and David Fortuna, a medical social worker at Sibley Memorial Hospital, provided information on what resources are available to patients during hospital confinement and when discharged from the hospital. Ms. Briggs discussed case management services provided by insurance carriers to assist in coordinating care in the hospital and during any necessary rehabilitation and therapy. Mr. Fortuna talked about the role of the discharge planning staff in arranging for follow-up care when a patient leaves the hospital. Following their brief presentations, they engaged with the audience in a discussion moderated by SLF Social Work Consultant Kate Aubert.

Dr. Charles Rosenfarb, Medical Director for the Bureau of Medical Services (MED) in the Department of State, is a trained gerontologist and presented on nutrition and digestive health for seniors. He concluded his presentation with an overview of changes at MED in recent years.

The day ended with presentations by Jeffrey Mounts, Managing Director for Global Compensation in the Office of the Comptroller/Global Financial Services at the Department of State, and Jonathan Kinney of the law firm Bean, Kinney & Korman. Mr. Mounts discussed annuities and the process for accessing the online system. Mr. Kinney provided an in-depth discussion of wills, trusts, and estate planning.

Thank you to all who attended and participated in this year's seminar. As this educational event takes place every two years, SLF plans to hold its next Planning for Change Seminar in 2018.



## EXPRESSION OF THANKS

*The Senior Living Foundation would like to express our thanks to the following individuals who made gifts to the Foundation in 2016:*

Abbott, Lucy K	Ayalde, Liliana	Bernstein-Zabza, Betty A	Bradford, Joanne E
Abington Jr., Edward G	Bandy Jr., Thomas N	Bialecki, Paul A	Braggiotti, Rosario T
Abramowitz, Morton I	Baque, William R	Bickle, Lou H	Bramante, A Donald
Adair, Ginger C	Barbis, Patricia Q	Billick, Barbara T	Branch, Stuart E
Adams, Linda K	Barbour, Robert E	Billick, Catherine	Branster, Lorraine
Ahlgren, Charles S	Barr, Alfred R	Bimmerle, Diann M	Branstner, Terry L
Ajo, Kelly Helena	Barraclough, William G	Binns, Jack R	Bratt Pfothenauer, David F
Allan, L Stuart	Barry, Catherine M	Bishop, James K	Brayshaw, Charles H
Alter, Bernard J	Bartholomew, Rose Anne D	Bishop, Robyn M	Bretz, Michael B
Amori, Albert J	Bates, Madelyn D	Black, Dorothy J	Brewer, Alfreda M
Anderson, Betsy L	Baumann, Andrea	Blackford, Peggy	Briggs, Everett E
Anderson, Dexter	Baumann, Walter	Blake, Sylvia	Briggs, Sally
Anderson, Donald M	Becker, John P	Blanchard Davidson, Maggie M	Bright, Robert L
Anderson, Michael H	Becker, Priscilla	Blanchette, Harry A	Brown, Carroll
Anderson, Nancy C	Beckman, Robert W	Blanton, J Taylor	Brown, David G
Andres, Janet S	Beecroft, Mette O	Blanton, James	Brown, Francine
Andrew, Nicole R	Beecroft, Robert M	Bleha, C Thomas	Brown, Frederick Z
Andrews, Helga S	Bell, Sally C	Bleske, August J	Brown, Norma R
Angevine, Charles	Belsito, Barbara E	Bligh Jr., John W	Browne, Edward
Angevine, Joan	Benedict, Gloria K	Bloomfield, Patricia A	Browne, Lilia L
Angulo, Charles B	Benedict, Lawrence N	Bock, J Richard	Brucker, Katherine A
Antunes Sablosky, Juliet C	Bennett, David C	Bodde Jr., William	Bruns, Patricia
Archibald, John L	Bennett, John E	Boerner, Dorothy P	Bryant, De Anne
Arenz, Francis A	Bennett, Margaret R	Bogart, Genko	Buchan, Marilyn B
Armbruster, Susan A	Benson, Robert O	Bogosian, Richard W	Buchanan, Charles
Armitage, Richard	Berger, Rosella R	Bogue, Janet L	Buchanan, Maria C
Asencio, Diego C	Bergin, Robert	Bolster, Archie M	Budden, Randall C
Atherton, Joan S	Bergold, Karlene K	Bolton, Deborah A	Buhler, Marlies
Auchter, Anne C	Bernicat, Marcia S	Boorstein, Michael A	Bumbrey, Sallybeth M
Austin Ferguson, Kathleen T	Bernstein, Amy	Bouton, Jane P	Burba, Marie L
		Bowker Jr., Donald L	Burleigh, A Peter
		Boyatt, Maxine	Burns, Robert L
		Boyatt, Thomas D	Bushnell, John A
		Boyle, John A	Butler, William M
		Brackman, Stella S	Byers, Bruce K
			Byers, Ingrid

Byrnes, Hope H  
 Byrnes, Paul  
 Cahill, Jacklyn A  
 Cairns, Thomas E  
 Calderhead, William D  
 Call, John P  
 Campbell, Mary H  
 Campbell, William N  
 Campello, Marie  
 Canavan, Katherine H  
 Cardinaux, Marjorie  
 Carolan, Maria J  
 Carr, Robert K  
 Carter, William M  
 Casey Jr., Edward A  
 Cassel, Lynn  
 Caterini, Dino J  
 Chafin, Gary E  
 Champagne, Eugene E  
 Chaplin, Stephen M  
 Cheever Jr., Francis S  
 Cheshes, Martin L  
 Chillura, Anthony B  
 Chiotis, Frances  
 Choe Fichte, Karen K  
 Choiniere, Gaston L  
 Choiniere, Pat  
 Clark, Joan M  
 Clegg Tripp, Melissa E  
 Cleveland, Paul M  
 Clifton, Ronald D  
 Cockburn, Carl S  
 Cohen, Herman J  
 Cohen, Roger N  
 Cohoes, Robert R  
 Colbert, Evelyn S  
 Colbert, Larry

Coleman, Maryruth  
 Coll, Rita I  
 Compton, Eugene  
 Condon, Nancy  
 Conley, James D  
 Connors, Kevin J  
 Connors, Marilyn  
 Constantino, Joseph  
 Conyngham, Edward F  
 Cook, Eiler R

*“Thank you for your continued assistance. This grant has been a life saver for me. I am so grateful.”*

Coon, Jane A  
 Coony, Thomas M  
 Corbett, Joan E  
 Corlew, Marlene C  
 Coronway, Gwendolyn  
 Correl, Frank D  
 Cotter, Joanne  
 Cotter, Michael W  
 Coulter, Elizabeth  
 Coulter Jr., Frank J  
 Cox, David W  
 Cox, Rita E  
 Crane, Louise K  
 Crawford, Franklin J  
 Creagan, James F  
 Crigler, Frank F  
 Crooke, Elaine F  
 Cross, Kumiko K  
 Cuadrado, Joseph F  
 Cunningham, Carl B

Cunningham, Lucy  
 Cunningham, William J  
 Curry, Dennis L  
 Cyr, Ann I  
 Cyr, Leo  
 Dalgliesh, Albert W  
 Daly, Kathleen M  
 Danga, Karl I  
 Daris, Anne-Marie  
 Daris, Charles L

Darkins, William C  
 Davidson, Tema S  
 Davis, Lisa A  
 Davis, Ruth A  
 Davis, Sandra L  
 Dawkins, Stephen P  
 Dawson, Horace G  
 Day, Arthur R  
 Day, Susan A  
 De Santillana, Gerald  
 De Sombre, Marjorie M  
 De Vos, Nancy L  
 Dean, Dale  
 DeBusk, Loretta H  
 Deckelman, Elizabeth K  
 Dehart, Elaine M  
 DeHart, James  
 Denig, Paul  
 Deremer, Kathryn A  
 Deremer, Nancy

Deyman, George L  
 Deyman, Kathleen  
 Di Tanna, Pasquale L  
 Dickey, Angela R  
 Dickey, Verne R  
 Dickie, Joan L  
 Dickman, Shirley J  
 Dillard, Diane  
 Dillon, Robert S  
 Dion, Jerrold M  
 Dionne, Thelma L  
 Dipaolo, Donna M  
 Dolan, Daniel L  
 Dolan, Isabel  
 Dolce, Nancy  
 Dolce, Robert A  
 Donahue, Dennis D  
 Donnelly, Shaun E  
 Doolittle, Harriet E  
 Doolittle, William H  
 Doscher, L Dawn  
 Douris, Louanne G  
 Drexler, Olga  
 Drexler, Robert W  
 Driscoll IV, Robert S  
 Duguid, Gordon K  
 Dumas, Sheila P  
 Dunn, Lynda C  
 Dworken Jr., Morton R  
 Dyer, William B  
 Eaton, William F  
 Edensword, Jon G  
 Edminster, David  
 Edminster, Elizabeth D  
 Edson, Edith  
 Edwards, Anne H  
 Edwards, Naomi S

Egan, Wesley W	Forster, Gayle	Glass, Robert	Haines, Mary A
Ege, Teena M	Fotos, Evan	Gleysteen, Marguerite B	Hall, Patricia L
Eisner, Adolph H	Fotos, Leman	Gnehm, Edward	Hallock, Myriam L
Elam Thomas, Harriet L	Fox, John G	Goff, Edward H	Halmo, James L
Eliot, Theodore L	Frank, Albert E	Goin, Evelyn W	Hamilton, Donna J
Elliott, Carlyn J	Frank, James F	Gojnycz, Konstantin	Hamilton, James K
Elser, Eleanore J	Franke, Herman H	Gomez, Anne	Hamilton, John R
Ely Raphael, Nancy	Frechette, Myles R	Gomez, Robin L	Hancock, Michael L
Emmerson, Donald K	Frederick, Chris D	Gonzalez, Raymond E	Hanley, Laurie A
Emmons, Robert D	Freeman, Andrea K	Goodby, James E	Hannan, Robert
Engel, Alma	Freeman, Maria E	Goodby, Priscilla S	Hanrehan, Arthur
Engel, David A	French, Jerome	Goodman, Andrew L	Hanrehan, Patricia S
Erlandsen, Allan W	French, Timothy J	Gordon, Charles S	Hanson, Bradford E
Este, Stephen	Friedbauer, Allan J	Gosende, Robert R	Hara, Hugh H
Eubank, Margaret A	Friedbauer, Susan B	Gough, Carolyn	Hare, Paul J
Evans, Ana	Friedman, Barry I	Gowen III, George A	Haresnape, Robert E
Evans, Catherine H	Gamble, Roger R	Graham, Nancy L	Harrick, Barbara J
Evans, David L	Gammon, Samuel R	Gralnek, Maurice N	Harris, Bonita G
Ewing, Raymond C	Gardner, Gail L	Graner, Ralph H	Harris, Christine M
Falzone, Brigitte	Gardner, Gregory N	Grant, Lindsey	Harris, William
Falzone, Ralph W	Garland, Elaine	Grant, William B	Harrop, William C
Fanale, Rosalie A	Garland, Patrick	Gray, David L	Hart, Patricia A
Feeney, Paula	Garrison, Mark J	Graze, Deborah E	Hart, Shirley M
Fendrick, Reed J	Garthoff, Raymond L	Greene, Ernest	Hartman, Jan H
Ferch, John A	Garufi, Carmela E	Greenfield, Lafayette M	Harty, Maura
Ferri, Teresa B	Gatti, Anna	Griff, Arlene E	Harvey, Barbara S
Fichte, Eric	Gehring, Robert A	Griffith, John C	Hash, Bonnie
Fichte, Karen	Geisel, Harold W	Grossman, Marc	Hash, Charles
File Jr., Loren F	Gelbard, Robert S	Grout, Deborah Z	Hausrath, Donald C
Fina, Eleanor	Gelber, Sarah	Grout, Marc	Hawkins, Patricia
Fina, Thomas W	Getchell, Keriman	Gunning, Shirley S	Hawkins, Richard S
Flanigan, Alan H	Giacobbi, Celia	Gutensohn, Lynn D	Hazewski, Joseph J
Folan, Patrick M	Giacobbi, Natale J	Gutierrez, Maria G	Heaphy, Eileen M
Follestad, Robert T	Gibney, Jon M	Gwynn, John B	Hecht, Dorothy J
Fon, Audrey	Gilbert, Frederick E	Haas, Dean J	Hecklinger, Richard E
Fon, Robert L	Gilbert, Jane A	Hahn, Pearl	Hedgbeth, Llewellyn H
Ford, Charles A	Giza, Edward	Hahn, Zachary M	Heileman, Carolee

Heintzen, Ilse H  
 Heise, Charles E  
 Heller, Lisa K  
 Helman, Gerald B  
 Helmer, Colin S  
 Helmer, Francisca  
 Helseth, William A  
 Hemingway, Barbara  
 Henderson, Mahlon  
 Henderson, Ruth M  
 Hengel, Douglas C  
 Hennemeyer, Robert  
 Herbst, Gary R  
 Herbst, Leslie  
 Herzog, Barbara  
 Herzog, William E  
 Hicks, Camilla M  
 Higgins, Peter T  
 High, George B  
 Hilburn, Paul W  
 Hill, H Kenneth  
 Hill, Leonard A  
 Hill II, William H  
 Hines, Richard  
 Hipson, J Stephen  
 Hitchcock, David I  
 Hodai, Kathleen  
 Hodai, Patrick T  
 Hoffman, Patricia  
 Hoffmann, Myron L  
 Hogan, Alice C  
 Hogan, James J  
 Hogan, Reinhild K  
 Hoganson, Jerome L  
 Holmes, Brooke C  
 Holmes, Henry A  
 Holmes, James H

Holt, James W  
 Hooper, James R  
 Hopper, Carol  
 Hopper III, Robert F  
 Hornblow, Michael M  
 Horowitz, Herbert E  
 Horsey, Sarah R  
 Houdek, Robert G  
 Houghton, Lois C  
 Howell, Frances D  
 Howland, Richard C  
 Hrapsky, Alan D  
 Huang, Yuen Hao  
 Hughes, Arthur H  
 Hughes, David A  
 Hughes, Patricia L  
 Hughs, John L  
 Hughs, Mary Grace  
 Hulings, Harriet  
 Hulings, Joseph S  
 Humphrey, Sandra N  
 Hurley, Paul F  
 Hurtado, L Victor  
 Hurwitz, Edward  
 Hussey, Dawn  
 Hussey Sr., Robert E  
 Hylaman, Roy E  
 Irika, Linda D  
 Irons, Alden H  
 Isaacs, Arnold M  
 Isaacs, Jeannette A  
 Itoh, William H  
 Jackson, Carole A  
 Jackson, Kenneth V  
 Jacobini, Charles B  
 Jaeger, George W  
 Jaeger, Patricia

Jakub, Michael A  
 Jakub, Paula S  
 Jakubik, Vivian D  
 James High, Janie  
 Jarek, Albert W  
 Jasik Jr., John J

Johnson, Sura  
 Johnston, Deborah L  
 Jones, Elizabeth A  
 Jones, David  
 Jung, Lucile M  
 Juntunen, Dorian J

We received gracious gifts from the following businesses, foundations, and organizations in 2016:

- **Ayco Charitable Foundation**
- **DACOR, *An Organization of Foreign Affairs Professionals***
- **Express Scripts Inc.**
- **Foreign Service Association of Northern California**
- **Goodshop**
- **Jewish Community Foundation of South Palm Beach**
- **JustGive**
- **The Foreign Service Group Central Texas**
- **The Nelson B. Delavan Foundation**

Jefferson, Ulysees  
 Jenkins, JoAnn M  
 Jenkins, Robert  
 Jenks, Thelma C  
 Jennings, Monika D  
 Jeter, Howard F  
 Johnson, Andree M  
 Johnson, Anne J  
 Johnson, Carole  
 Johnson, Cassius  
 Johnson, Christine A  
 Johnson, Marilyn P

Kachmar, George A  
 Kaiser, Herbert  
 Kamerick, Susan E  
 Kane, Shirley A  
 Kaspar, Frances C  
 Katz, Marion  
 Katz, S Stanley  
 Kauffman, Kenneth M  
 Kaufman, Mercedes  
 Kaufmann, Judith R  
 Keegan, Patricia K  
 Kelliher, Patricia J

Kelly, Edmund H  
 Kemp, Katherine  
 Kennedy Jr., Charles S  
 Kennedy, Marilyn  
 Kennedy, Mary V  
 Kent, Betty O  
 Kent, Douglas B  
 Kerr, Graham B  
 Keskinen, Viola M  
 Kilday, Gerda D  
 Kilner, Jan  
 Kilner, Scott F  
 Kimball, Lyla R  
 Kincaid, Nancy E  
 King, Richard F  
 Kingsley, Carolyn E  
 Kinnell, Roberta L  
 Kirkpatrick, Brian S  
 Kleiman, Kathryn C  
 Klein, Jacques P  
 Klein, John  
 Klotzbach, Lester W  
 Knickmeyer, Robert H  
 Knopes, Karen  
 Knopes, Robert E  
 Kohl, Walter A  
 Kolker, Jimmy  
 Korff, J Michael  
 Korff-Rodrigues, Philomena  
 Koss, Andrew C  
 Kott, Barbara L  
 Kresse, Thomas R  
 Krhounek, Kimberly C  
 Krieger, Mary Jane  
 Krys, Sheldon J  
 Kuchel, Roland K  
 Kunsman, Eric

Kunsman, June E  
 Kursch, Donald B  
 La Porta, Al  
 La Porta, Ann  
 Lake, Joseph E  
 Lambrakis, George B  
 Landau, George W  
 Landis, Vivian M  
 Lane, Helen B  
 Lange, Bach Ha  
 Lange, John E  
 Lanpher, Edward G  
 Laporta, Alphonse F  
 Laporta, Ann  
 Latham Jr., Ernest H  
 Latimer, Cecelia A  
 Latvanas, Barbara A  
 Lawrence, Lee  
 Lawrence, Marilyn D  
 Lawrence, William U  
 Le Zotte, M Diane  
 Leader, Joyce E  
 Lefes, Sue N  
 Lefes, William  
 Lehmann, Wolfgang J  
 Lehovich, Vladimir  
 Leidel, Donald C  
 Leonard, James F  
 Leonard, Mary B  
 Leonhardy, Lee N  
 Lesser, Larry  
 Levine, Katherine  
 Levine, Melvin H  
 Levinson, Michael A  
 Lewinsohn, Joann  
 Lewis, Elizabeth A  
 Lewis, John J

Lewis, Toni  
 Lill, Lilli  
 Lillig, Renata C  
 Lim, James S  
 Linder, Perry W  
 Lindsey, William H  
 Lino, Marisa R  
 Lippe, Stuart H  
 Lissfelt, Mark C  
 Llop, Georgia M  
 Lloyd, Gloria N  
 Lloyd, Wingate  
 Logsdon, Kent D  
 Logsdon, Michelle  
 Loken, Kristin K  
 Lomanno, Frank J  
 Long, Richard G  
 Longton, Kyle  
 Lord, Peter  
 Lorton, Ronald D  
 Love, Ruth  
 Lowenthal, Alice M  
 Lowrey, Bolling P  
 Lucey, Mary Ann  
 Lucius, Mary W  
 Lukens, Alan W  
 Lumsden Jr., George Q  
 Lupo, Patricia A  
 Lynch, Megan A  
 Lyne, Stephen R  
 MacCallum, Robert A  
 Maciejewski, Theresa E  
 Mackenzie, Donald R  
 Mackie, Nancy J  
 Macuk, Ute M  
 Madden, James H  
 Magee, Charles T

Maiorino, Deborah H  
 Mak, Dayton S  
 Malloy, Edward M  
 Malone, Gifford  
 Malpass, Betsy  
 Malpass, Hanson R  
 Mammen, Jean E  
 Mann, Dolores J  
 Mara, Azinar J  
 Markowski, Catherine  
 Markowski, Herbert  
 Marks, Aida  
 Marks, Edward  
 Martin, Cheryl A  
 Martin, Joanna W  
 Martin, Joanne M  
 Martin, Mary L  
 Martin, Robert A  
 Martin, Thomas H  
 Martinez, Pedro  
 Martino, Thresia  
 Mason, Dwight N  
 Mason, Nancy  
 Mason, Rodney A  
 Masters, Allene R  
 Mates, Michael J  
 Mathieu, Gail D  
 Matteson, Lois J  
 Matthews, Betty  
 Matthews, Gary L  
 Matthews, Wade H  
 Matthias, Elisabeth H  
 Mattison, Alma H  
 Mattran, Gerald C  
 Maurer Jr., William H  
 Mawdsley, Valerie L  
 Mayer, Margarete A



**FACEBOOK**

**Like us on Facebook!**

SLF has established an online community to share ideas and build connections. Facebook keeps our SLF supporters informed and educated.

Please join the conversation! Visit [www.facebook.com/seniorlivingfoundation](http://www.facebook.com/seniorlivingfoundation)

Maysa, John  
 Maysa, Nilsa C  
 McAfee, Marilyn  
 McCarthy, Robert E  
 McCarty, Paul B  
 McClelland, Clyde L  
 McConnell, Donald J  
 McCoy, Annelise G  
 McCrory, Janet C  
 McDonald, Christel  
 McDonald, John W  
 McElroy, Howard M  
 McElroy, Susan  
 McGee, James D  
 McGee, Shirley  
 McGinley, Charles A  
 McGinley, Teresita L  
 McHenry, Donald F  
 McIntosh, Brian H  
 McIntosh, Marcia  
 McKee, Myrna  
 McKee, Nancy A  
 McKee, Richard K  
 McKniff, Joan  
 McLaughlin, Karla

McLaughlin, Michael J  
 McLean, Phillip  
 McNamara, Francis T  
 McNamara, Thomas E  
 McNaughton, James H  
 McNicholas, Daniel F  
 Mecklenburg, Clifford W  
 Meehan, Francis J  
 Meer, Syed A  
 Meresman, Carol A  
 Merritt, Mary G  
 Metcalf, Nancy J  
 Michel, James H  
 Migdail, Sherry R  
 Milam, William B  
 Miles, Richard M  
 Miller, Cynthia J  
 Miller, David E  
 Miller, Deborah A  
 Miller, Joseph M  
 Miller, Samuel K  
 Miller, Thomas J  
 Milligan, Michael L  
 Mills, Carol J  
 Mintz, Jane M

Mitchell, Martha S  
 Mitchell, William J  
 Mithoefer, William C  
 Moffat, Jay P  
 Moffett, Beverly N  
 Mohr, Jane A  
 Molineaux, Diana B  
 Monk, David B  
 Monroe, Evangeline  
 Monroe, Gerald J  
 Montana, Thomas  
 Montgomery, James M  
 Montllor, Ruth J  
 Moore, Marjorie  
 Moore, Minni L  
 Moriarty, James F  
 Moriarty, Lauren  
 Morin, Laurent E  
 Morris, Diana E  
 Morris, Lucille  
 Morris, Ned E  
 Morrison, Bruce F  
 Morrison, Jeanette  
 Morrow, Ward D  
 Mortimer, Lesley J  
 Mraz, David S  
 Muller, Carolyn B  
 Muller, Mary  
 Muller, Stephen H  
 Murphey, William G  
 Murphy, Margaret A  
 Murphy, Nicholas M  
 Murphy, Robert  
 Mushingi, Tulinabo S  
 Musorafite, Anna M  
 Mustain Jr., Robert W  
 Myerson, Jacob M

Nach, James P  
 Negroponte, John D  
 Neil, Bette J  
 Neitzke, Ronald J  
 Nelson, Harold  
 Nelson, Harvey F  
 Nemecek, Geneva  
 Nesbit, Leroy P  
 Nettles, George C  
 Neumann, Margaret  
 Neumann, Robert  
 Neumann, Ronald E  
 Newell, Roberta L  
 Newfeld, Larry  
 Newsom, Jean C  
 Ngac-Siglin, My-Zung  
 Nider, Ralph L  
 Nielsen, Steve A  
 Nielsen, Thelma C  
 Niles, Thomas M  
 Nixon, Warren P  
 Norbury, Marthe M  
 Noren, Craig S  
 Norland, Patricia D  
 Norris, Chester E  
 Norris Jr., John J  
 North, Walter E  
 Norton, Harold L  
 Nyren, Genevieve E  
 Oakley, Phyllis E  
 O'Brien, Penelope R  
 O'Connor, Neusa P  
 O'Donohue, Daniel A  
 Odor, Sandra S  
 O'Herron, Thomas F  
 Ojamaa, Elo Kai  
 Oliver, Beverly

Olson, Guy E  
 O'Neal, Sharon  
 Orr, Ana Eva C  
 Ostrander, Nancy  
 Owen, Adelaida  
 Owen, Douglas E  
 Owens, Michael P  
 Paciorka, Joseph J  
 Paganelli, Robert P  
 Palazzolo, Mary D  
 Panaccione, Paul D  
 Panor, Anne  
 Papendick, Dennis R  
 Papendick, Josefina L  
 Parker, Alan  
 Parker, Andrew C  
 Parker, Sarah V  
 Parrack, Frances W  
 Parrack, Ray  
 Parsons, Donald K  
 Passage, David  
 Pastore, Edmee H  
 Patterson, Sue H  
 Pazdral, Ronna S  
 Pearson, Margaret C  
 Pearson, Robert  
 Pelletreau Jr., Robert H  
 Peltier, Alec M  
 Pendleton, Elisabeth M  
 Pendleton, Mary C  
 Perkins, Edward J  
 Perlman, Alvin  
 Perry, Blossom N  
 Peters, Anna  
 Peters, John G  
 Peterson, Charlotte R  
 Peterson, Robyn E

Peterson, Sonia  
 Petronis, Janet  
 Pfeifle, Linda M  
 Phillips, Rosemary L  
 Pickering, Thomas R  
 Pilkauskas, Paul P  
 Pitts, Amy  
 Platt, Nicholas  
 Polansky, Kathryn B  
 Polik, Lorraine  
 Pollack, June R



*"I can't thank the Foundation  
 enough for everything."*

Porpotage, Dora J  
 Post, Richard S  
 Potash, Janet  
 Potter, Sara E  
 Powers, Betty Rae  
 Powers, Elizabeth A  
 Powers, Robert A  
 Poynter, Rosalind  
 Pratt, Genevieve J  
 Precht, Henry  
 Precht, Marian  
 Presel, Claire-Lise  
 Presel, Joseph A  
 Price, Richard  
 Price, Russell A  
 Pringle, Robert M  
 Pritchard, Gary C  
 Prosser, James F  
 Pugh, Thelma Y  
 Purnell, Jon R  
 Putman, Warren C

Putnam, Evelyn U  
 Quainton, Anthony C  
 Raspolic, Elizabeth  
 Rathner, Herbert  
 Raven Hamilton, Eleanore J  
 Recinos, Helen G  
 Redden, Normand W  
 Redman, Charles E  
 Reid, Earline M  
 Reid, Era M  
 Reilly, Charles P

Reilly, Norma  
 Reis, Ninette K  
 Reis, Robert C  
 Reuther, David E  
 Rhinehart, Brigitte  
 Richards, Joan M  
 Richardson, Sharon  
 Rickert, Jonathan B  
 Ridgway, Rozanne L  
 Ries, Eric R  
 Rigg, Laurence A  
 Riggs, Fletcher E  
 Riley III, Robert A  
 Roberts Jr., George B  
 Robertson, James E  
 Robinson, Marjut  
 Robinson, Stanley H  
 Rodgers Jr., H Clarke  
 Rodriguez, Roberto  
 Rogers, Jordan T  
 Rollins, Denise A

Roman, Valerie  
 Romano, Daniel F  
 Rood, Elizabeth H  
 Roselinsky, Myra  
 Rosenfarb, Charles H  
 Rosinus, Gunther K  
 Ross, Christopher W S  
 Ross, Jane  
 Ross, Jr., Richard F  
 Rountree, Suzanne M  
 Rowberg, Brynhild C

Rowell, Edward M  
 Rowell, Lenora  
 Rubenstein, Estelle R  
 Rubinstein, Daniel H  
 Ruddick, Terrence L  
 Rueda Jr., Richard  
 Ruedy, Ralph H  
 Ruedy, Shirley  
 Rushing, Maria A  
 Russell, Theodore E  
 Ruterbories, Julie A  
 Ryan, Carmen S  
 Ryan, Henry B  
 Ryerson, William E  
 Saddler, George F  
 Sakaue, Marlene J  
 Salmon Jr., Charles B  
 Santamaria II, Louis E  
 Sarros, Mary Patton  
 Satterfield, Earl P  
 Saunders, Carol E

Scarlis, Annette  
 Scarlis, Basil G  
 Scerback, Wilma C  
 Scheinberger, Marion  
 Schindler, Sol  
 Schlachter, Elizabeth N  
 Schlachter, Mark  
 Schlenker, Thomas A  
 Schloss, Donna L  
 Schmidt, Carl W  
 Schmidt, Kyoko E  
 Schmidt, Robert C  
 Schoeb, Elizabeth A  
 Schoettle, Peter G  
 Schoonover, Brenda B  
 Schreiber Hughes, Lisa B  
 Schroeder, Anita G  
 Schunter, Elaine B  
 Scobey, Margaret  
 Scott, Gerald W  
 Scott, John F  
 Seligmann, Albert L  
 Seltzer, Nomi  
 Serpa, Nancy M  
 Service, Helen G  
 Service, Robert E  
 Shafer, Marilyn M  
 Shand, Naomi E  
 Sharpe, Willard D  
 Shea, Janet  
 Sheets, Mary L  
 Shepherd, Carl G  
 Sheridan, Betty A  
 Shinn, David H  
 Shinnick, Julianne  
 Shippy, Amelia E  
 Shirley, John W



For those who participate  
 in the Combined Federal  
 Campaign, the Senior Living  
 Foundation's CFC number  
 is 40530. Please consider  
 adding SLF to your donation  
 list in the upcoming year!

Shirley, Katherine  
 Shlaudeman, Harry W  
 Shoesmith, Martha H  
 Shouse, Eloise K  
 Shultz, Charlotte  
 Shultz, George P  
 Shurtleff, Christine  
 Sides, Ann B  
 Sidhu, Apar S  
 Sidhu, Mary Ellen  
 Silins, Ints M  
 Silver, Charles N  
 Simcox, David E  
 Simcox, Dorothy  
 Simcox, Marian  
 Simms, Ronda J  
 Simons Jr., Thomas W  
 Sims, Dudley O  
 Sindelar III, Hugo R  
 Sinnicki, John G  
 Sither, Yol K  
 Skoug Jr., Kenneth N  
 Slavik, Pauline A

Slott, Richard J  
 Slutz, Pamela J  
 Smith, Barbara  
 Smith, Catherine M  
 Smith Jr., Dane F  
 Smith, Deloris D  
 Smith, Frank M  
 Smith, Irene R  
 Smith, James E  
 Smith Jr., James T  
 Smith, Jane S M  
 Smith, Judith  
 Smith, Nga  
 Smith, Richard J  
 Smith, Samuel V  
 Smith, Sandra R  
 Snyder III, Joseph C  
 Sommer, Frances M  
 Sorkin, Suzanne B  
 Sperling, Jonathan L  
 Spooner, Damayanti  
 Sprick, Karl H  
 Spruce, William E

Stabler, Emily A  
 Stader Jr., Donald E  
 Stancer, Wendy R  
 Stanfield, Sylvia G  
 Stanley, Sharon W  
 Stave, Virginia I  
 Steere, Paul J  
 Steiner, Merle  
 Steiner, Steven E  
 Stephens, John C  
 Stephens, Patsy  
 Stephens, William L  
 Steuart, Darnall C  
 Stoessel, Maryann F  
 Stone, Galen L  
 Stout, Laura P  
 Strickler, Ted  
 Strickler, Valorie  
 Suddath, Barbara P  
 Suddath, Joseph M  
 Suddath, Mike  
 Sulak, Arlette A  
 Sullivan, John J  
 Sullivan, Joseph G  
 Sullivan Jr., Richard J J  
 Sutter, Eleanor B  
 Swiers, Peter B  
 Swope, Mary Elizabeth  
 Symmes, Joan  
 Synodis, M Gertrudis  
 Takacs, Marilyn H  
 Tannenbaum, Jane J  
 Tanner, Thomas W  
 Taska, Betty K  
 Taweel, Doris C  
 Taylor, Caroline  
 Taylor, Frank D

Taylor, Joanna B  
 Taylor, John J  
 Taylor, Roberta  
 Teare, Jeanie  
 Teare, Richard W  
 Telkins, A Stephen  
 Telkins, Patricia  
 Tessmer, Karen S  
 Thayer, Harry E  
 Thomas, John R  
 Thomas, Lourana S  
 Thomas, Shelia F  
 Thomas Greenfield, Linda J  
 Thompson, Alan R  
 Thompson, Barbara S  
 Thompson, Richard S  
 Thompson, Trudie E  
 Thompson, Ward C  
 Thompson, William R  
 Thoms, Andrew G  
 Thoms, Carole A  
 Todd, James C  
 Toly, Lorraine  
 Townsend, John G  
 Tracy, Thomas M  
 Tragen, Irving G  
 Treger, Herbert L  
 Trivelli, Paul A  
 Troxel, Holly E  
 Troxel, Marguerite B  
 Truman, Shirley A  
 Tsitsos, Dianne C  
 Tua, Benjamin  
 Tuch, Hans N  
 Tull, Theresa A  
 Tully, Bruce W  
 Tumavick, Nancy M

Turner, Linda C  
 Turner, Mary M  
 Turner, Melvin R  
 Twining, Charles H  
 Twohie, George F  
 Twohie, Sandra J  
 Tynes, Robert E  
 Ullman, Carrie A  
 Underwood, Norma G  
 Urban, Joan L  
 Van Derhoff, James  
 Vandivier, James R  
 Veitengruber, Loraine L  
 Veliotos, Nicholas A  
 Veliotos, Patricia  
 Velott, Larue H  
 Verrier, Rosita  
 Vest, George S  
 Vockerodt, Victor A  
 Vraniak, Louis F  
 Vydmantas, Rima J  
 Wachob, James R  
 Wald, Karen E  
 Walker, Pamela C  
 Walton, Christopher D  
 Warlick, James B  
 Watson, Alexander F  
 Watson, Bobby L  
 Watson, Douglas K  
 Weber, Janet M  
 Weeks, Richard L  
 Weinhold, Mary  
 Weinhold, William J  
 Welch, C David  
 Welch, Gretchen G  
 Wells, Barry  
 Wendt, E Allan

Wenick, Martin A  
 Wertz, Alma H  
 Wesoloski, Elizabeth J  
 Wheeler, Janet A  
 White, Alfred J  
 White, Thomas  
 Whitney, John L  
 Whittemore, James C  
 Whitten, James D  
 Wilcox Jr., Philip C  
 Wilkinson, Sharon P  
 Williams, Anne M  
 Williams, James A  
 Williams, Leonardo M

Williams, Richard H  
 Wills, E Ashley  
 Wills, Regina  
 Wilson, David M  
 Wilson, Mildred D  
 Wilson, Ross L  
 Winchester, Robert F  
 Winder, Joseph A  
 Woerner, Mark S  
 Wojahn, Hilda J  
 Wollemborg, Leo R  
 Wong, Rose P  
 Wood, R Susan  
 Woodbury, Elizabeth D  
 Woodcock, Ruth F

Woodward, Annette M  
 Woodward, Keith  
 Woodward, Patricia A  
 Woolfork, Carole H  
 Wootton, Elizabeth G  
 Woytovech, Suzonne M  
 Wrampelmeier, Ann  
 Wrampelmeier, Brooks  
 Wray, Eugenia L  
 Wygant, Michael G  
 Xochihua, Alba  
 Yalowitz, Kenneth S  
 Yap, Joseph D  
 Yates, John M

*“We cannot thank you enough  
 for the generous support! It truly  
 is a blessing! We have a little  
 breathing room now.”*

York, Charles  
 Young, Angelena V  
 Young, Paul H  
 Yovanovitch, Marie L  
 Yu, Alan K  
 Zanella, Patricia A  
 Zanfardino, Belinda  
 Zavis, Carol S  
 Zhu, Jinpeng

The Foundation is grateful to have received memorial donations in memory of:

<u>Marianne Ahlgren</u>	<u>Mildred Edwards</u>	<u>Joe Lill</u>	<u>Mary A. Ryan</u>
<u>Linda Ahmed</u>	<u>James W. Eighmie</u>	<u>Louis Lino</u>	<u>Patricia M. Satterfield</u>
<u>John Alden</u>	<u>Michael A. Falzone</u>	<u>Vida Lino</u>	<u>Harold H. Saunders</u>
<u>Lillian G. Alger</u>	<u>Guy Ferri</u>	<u>Wallace W. Littell</u>	<u>Barbara Schell</u>
<u>Blanche Anderson</u>	<u>Mary Forrester</u>	<u>Ralph J. Llop Sr.</u>	<u>Donald Schoeb</u>
<u>Carmen Arenz</u>	<u>Robert Forrester</u>	<u>Helen Rose Loftus</u>	<u>Richard C. Schoonover</u>
<u>Edmund L. Auchter</u>	<u>Anthony G. Freeman</u>	<u>Francis W. Lowrey</u>	<u>Joseph Segars</u>
<u>George Milton Barbis</u>	<u>Robert E. Fritts</u>	<u>Hallock R. Lucius</u>	<u>Ed Seith</u>
<u>Brady Barr</u>	<u>Helen Blanchard Garnsey</u>	<u>John T. Lupo Jr.</u>	<u>Jo Shepherd</u>
<u>Enoha Dawkins Bell</u>	<u>Coradino Gatti</u>	<u>David A. Macuk</u>	<u>Harold Shullax</u>
<u>W. Tapley Bennett Jr.</u>	<u>Daniel F. Geisler</u>	<u>Edward E. Masters</u>	<u>John Page Shumate</u>
<u>Harry Bergold Jr.</u>	<u>John S. Getchell</u>	<u>Charles D. Matthias</u>	<u>Leonard G. Shurtleff</u>
<u>Sunil Christopher Bernicat</u>	<u>Brandon Grove</u>	<u>Joan McClelland</u>	<u>Daniel J. Siglin</u>
<u>Michael Billick</u>	<u>Ernest B. Gutierrez</u>	<u>Jim McDonald</u>	<u>John W. Simmonds</u>
<u>Robert O. Blake</u>	<u>Anne Hackett</u>	<u>Kathleen McDonald</u>	<u>Robert F. Slutz Jr.</u>
<u>Louis F. Blanchard</u>	<u>Norman Hanley</u>	<u>Charles A. McGinley</u>	<u>Robert P. Smith</u>
<u>Ingrid Bodde</u>	<u>Virginia Hanley</u>	<u>Carol V. Meirs</u>	<u>Judith Sorkin</u>
<u>Stephen Bosworth</u>	<u>Wai Lin Heise</u>	<u>Nanette Mitchell</u>	<u>Marvin Sorkin</u>
<u>Ridha Bouaziz</u>	<u>Evelyn King Helseth</u>	<u>Joseph J. Montllor</u>	<u>Monteagle Stearns</u>
<u>James F. Brackman</u>	<u>Howard G. Hicks Jr.</u>	<u>Helen Nagy</u>	<u>Walter J. Stoessel Jr.</u>
<u>William G. Bradford</u>	<u>Carroll S. Hinman</u>	<u>John Nelli</u>	<u>David Strawman</u>
<u>Michael Bricker</u>	<u>Thomas Hirschfeld</u>	<u>Albert D. Nemecek Sr.</u>	<u>Harrison Symmes</u>
<u>Elvira Brown</u>	<u>Raul Holguin</u>	<u>Richard Dwight Newburg</u>	<u>Peter N. Synodis</u>
<u>Martha Burns</u>	<u>Marilyn Holmes</u>	<u>Donald Norland</u>	<u>Irwin K. Teven</u>
<u>Mark Buske</u>	<u>Darrell A. Jenks</u>	<u>Patricia Norland</u>	<u>Charles H. Thomas</u>
<u>Charles P. Campbell</u>	<u>Matthew Jennings</u>	<u>James F. O'Connor</u>	<u>Dick Thompson</u>
<u>Thomas J. Carolan Jr.</u>	<u>Barbara Johnson</u>	<u>William J. Orr Jr.</u>	<u>Jane B. Thorpe</u>
<u>Edward Cheney</u>	<u>Sandor A. Johnson</u>	<u>William M. Orwen</u>	<u>Jean Tienken</u>
<u>Mary Coll</u>	<u>Charles Jones</u>	<u>Mark Palmer</u>	<u>Terence A. Todman</u>
<u>Judy Copenhaver</u>	<u>Abraham Katz</u>	<u>Miles S. Pendleton Jr.</u>	<u>Oliver L. Troxel</u>
<u>William Cox</u>	<u>John H. Kelly</u>	<u>Alice Pickering</u>	<u>Roland Underwood</u>
<u>Richard H. Curtiss</u>	<u>Harry Kendall</u>	<u>Ron Post</u>	<u>Emily Vest</u>
<u>John G. Day</u>	<u>Ellen C. Kennedy</u>	<u>Charles H. Price II</u>	<u>Stephanie Walton</u>
<u>Peter Day</u>	<u>Shirley Kennon</u>	<u>Robert L. Pugh</u>	<u>Pat Wazer</u>
<u>Caroline Deyman</u>	<u>Dewis Keogh</u>	<u>John E. Reinhardt</u>	<u>Charles Whitaker</u>
<u>Philbert Deyman</u>	<u>Lowell Kilday</u>	<u>Karl Spence Richardson</u>	<u>Harriett Whitaker</u>
<u>Francois Dickman</u>	<u>John W. Kimball Jr.</u>	<u>Robert Annan Riley Jr.</u>	<u>Jonita Whitaker</u>
<u>C. Edward Dillery</u>	<u>Joel Kleiman</u>	<u>David Roleits</u>	<u>Myra Wilson</u>
<u>Susan Donnelly</u>	<u>Doris Kryz</u>	<u>Donna Roleits</u>	<u>Donald R. Woodward</u>
<u>Lesley Dorman</u>	<u>William Lasalle</u>	<u>William M. Rountree</u>	<u>Charles G. Wootton</u>
<u>Charles R. Doscher</u>	<u>Jeannie Leon-Guerrero</u>	<u>Irwin Rubenstein</u>	<u>Michel Yovanovitch</u>
<u>Richard Dugstad</u>	<u>Terrance G. Leonhardy</u>	<u>Mckinney Russell</u>	<u>Ralph Zanfardino</u>

What a wonderful way to remember those who have gone before us.



# SENIOR LIVING FOUNDATION of the AMERICAN FOREIGN SERVICE

1620 L Street, NW • Suite 800 • Washington, DC 20036-2902

NONPROFIT  
U.S. POSTAGE  
**PAID**  
SOUTHERN MD  
PERMIT NO. 425



## LOSS OF A FOUNDER

### In Memoriam

*We are saddened to report that John P. Shumate passed away on Monday, August 15, 2016 at his home in Pittsboro, North Carolina. He was 81.*

*John joined the Foreign Service in 1957. Overseas assignments included Lima, Peru; Canberra, Australia; and Quito, Ecuador. Washington assignments included the Bureau of Intelligence and Research, the Foreign Service Institute (management studies), the Bureau of European Affairs (United Kingdom). He also worked at the Bureau of Cultural Affairs in ICA/USIA, the Office of*

*the Under Secretary for Management, and the Bureau of Administration where he served as executive director.*

*Following his retirement from the Foreign Service, John became the Executive Vice President of the American Foreign Service Protective Association in 1985. He served in that capacity for almost 25 years.*

*In 1988, John founded the Senior Living Foundation of the American Foreign Service. The Senior Living Foundation was born out of his concern for retired colleagues. What was only a dream has become a vital part of the support system for the Foreign Service family. He will be remembered for his vision and dedication to our mission of "taking care of our own."*

### The Senior Living Foundation is grateful to have received bequests from:

- |                            |                             |
|----------------------------|-----------------------------|
| <b>Mr. Norman Achilles</b> | <b>Mr. Thomas McKiernan</b> |
| <b>Ms. Lois Clark</b>      | <b>Mr. Cecil Richardson</b> |
| <b>Ms. Helenann Clarke</b> | <b>Ms. Herma Sullivan</b>   |
| <b>Ms. Louise Fohl</b>     | <b>Ms. Isabell Thomas</b>   |

The Foundation thanks you for remembering us in your will. Your legacy will live beyond the years that you served your country.

These individuals believed in our mission of "taking care of our own." Their bequests will make an immense difference in the Foundation's ability to assist Foreign Service colleagues.

## CONTACT US

If you, or someone you know, need the services of the SENIOR LIVING FOUNDATION, please contact us:

- phone** 202-887-8170  
**fax** 202-872-9320  
**email** [info@SLFoundation.org](mailto:info@SLFoundation.org)

*The Foundation considers each case individually and maintains total confidentiality.*