

Building a Proud Tradition of "Taking Care of Our Own"

SENIOR LIVING FOUNDATION OF THE AMERICAN FOREIGN SERVICE

A closer look at the

CFC - 40530



A closer look at the SENIOR LIVING FOUNDATION

If you or someone you know may need assistance,
please contact us.



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SENIOR LIVING FOUNDATION MISSION

*The mission of the Senior Living Foundation
of the American Foreign Service is to provide support
to retired Foreign Service personnel and their spouses
(including surviving and divorced spouses) and,
on the basis of need, to defray the cost of home
health care services, senior housing, long term care
insurance, or other senior services that contribute
to the health and security of the retired
Foreign Service family.*

A closer look at the SENIOR LIVING FOUNDATION

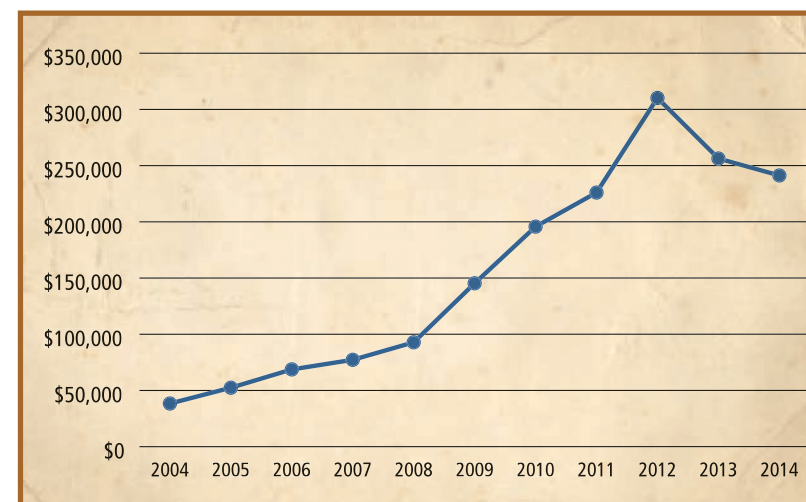
Where We Have Been

The Senior Living Foundation was established to assist retired members of the American Foreign Service and their spouses who have become physically and/or mentally unable to cope with factors of life that they face during their later years. Unfortunately, in many cases, seniors struggle with having adequate resources to cover their normal living expenses. Changes in one's living or health situation, whether planned or unplanned, can bring upon some grave financial circumstances. The Foundation is committed to *"taking care of our own."*



The American Foreign Service **Protective Association** started the Foundation in 1988 in response to its members' requests for help in the confusing arena of eldercare. We found that many individuals need help in navigating through the maze of bureaucracy and a significant number need much more than just information. The monthly annuity of many Foreign Service widows and former spouses is below the HUD low-income figure for their area. When these individuals are confronted with life's changes, it can be perilous. Special care was taken in developing a Board of Directors committed to making a difference in the lives of our Foreign Service colleagues. ■

Senior Living Foundation Grant Commitments



*The Foundation
is steadily reaching
out to more
colleagues in need.*



Taking a closer look at the SENIOR LIVING FOUNDATION



Where We Are

The Foundation provides information and assistance in obtaining community, State, Federal and private resources to over 100 individuals a year. It is often difficult for senior citizens to gain access to available resources that they do not know exist. We understand that the lives of many elderly men and women can be lonely and sometimes they just need to have someone to call upon to simply listen. However, sometimes more help is needed and the Foundation is able to lend a helping hand.

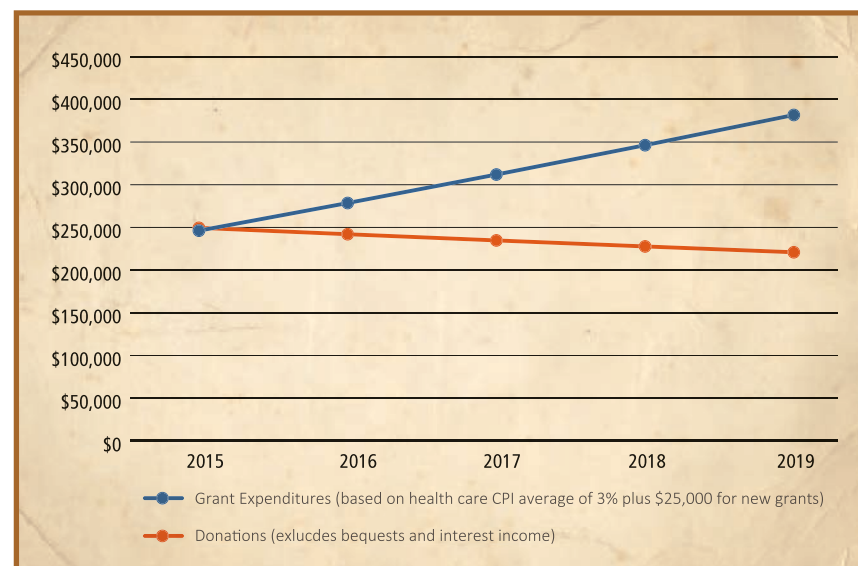
We are quite fortunate to receive donations from over 1,300 individuals on an annual basis. We are now in a position to provide financial support to improve the lives of our Foreign Service colleagues. This support is in the form of ongoing grants ranging from assistance with transportation to medical appointments, hearing aids, durable medical equipment and emergency response systems to prescription copayments, medically necessary dental work, medical bills, Home Health Care and Assisted Living Facility costs. The Foundation supports dozens of individuals on a monthly basis.



Where We Are Going

As word of the Foundation spreads, we face an increased demand for our assistance. Our existing clients are finding their rent and basic living needs increasing while the harsh economy has forced many new colleagues to turn to us for guidance and financial help.

Senior Living Foundation Expenditures



Your support of the Foundation is vital to our mission.

This leads us to our greatest challenge:

For the Foundation to stand ready to provide the financial support these colleagues need, we must have adequate resources. Once the Foundation takes a case, it is a lifelong commitment and we must have the resources to honor that commitment.

With over 15,000 Foreign Service annuitants, the need for the services that the Senior Living Foundation provides will continue to grow. Several other factors may increase the



need for the Foundation, such as an increase in Foreign Service retirements over the next five years, increase in the median age of the annuitant population and current proposals in the House and Senate regarding government employee benefits. Taking these factors into account, we project our annual commitment to grow to almost \$400,000 by 2019.

We appreciate the continuous support of many individuals and businesses/foundations and hope that we can count on them in the coming years. The Foundation is very fortunate to have received several bequests and major gift donations from individuals over the past years. For those individuals who are determined to do everything possible to take care of our colleagues who have devoted most of their lives to the Foreign Service, we strongly encourage you to contact the Foundation to learn about our Legacy Action Group. The Senior Living Foundation of the American Foreign Service is a tax-deductible 501(c)(3) charitable organization. We are a participant of the Combined Federal Campaign of the National Capital Area (Charity Organization 40530).

How the Foundation Works

The Foundation has experienced staff members who take basic information when an individual calls and forwards it to the Foundation's social worker, Kate Aubert. She provides a comforting voice when contacting a potential client to discuss his/her needs and begins to search for the right services. For many, we are able to send a Case Manager to do an assessment in the home, anywhere in the country, which enables the Foundation to gain a better understanding of the issues and problems that the individual faces.

The Resource Center is able to provide information on services that are readily available and do not require our monetary assistance. When more help is needed, our financial involvement can be on a one-time basis for items such as durable medical equipment (wheelchairs, walkers, grab bars, etc.) and hearing aids. Other times it may include ongoing financial commitments, such as assistance with Home Health Care costs, prescription copayments, or medical bills. The Foundation follows up with clients by phone or a personal visit to ensure they are receiving all the help they need. No matter what kind of assistance is needed, the Foundation helps our elderly colleagues cope with life's changes with greater peace of mind, dignity and security. ■

