



It's More than Moving Managing Senior Relocations





Clients seek and discover exciting new housing opportunities and decide to make the move!...

...Only to return home and be completely overwhelmed by the prospect of downsizing, packing, unpacking, sorting, moving and organizing their possessions





Getting Started



- ☐Financial Planning
- **□**Housing Choices
- ☐Finding a Mover
- **□**Space Planning
- Downsizing
- ■Purging
- **□**Estate Sale
- Donations
- □ Packing
- **□**Moving
- ☐ Home Staging
- **☐**Home Sale
- □Unpacking/Resettlement

But it can be Overwhelming





It's More than Moving

- Personal Loss
- Changing social structure
- Health considerations
- Financial considerations
- Real Estate market
- Downsizing/Hoarding
- Packing
- Scheduling
- Resources
- Security

- Safety
- Transportation
- Cognitive issues
- Loss of mobility
- Loss of independence
- Chronic conditions
- Social security
- Medicare/Medicaid
- Community living
- Religious foundation
- Family



- The largest national senior relocation and estate sale organization
- 275+ professional offices nationwide
- Over 4,500 Senior Living Communities and consumer resource partners
- We specialize in seniors, but serve all consumers





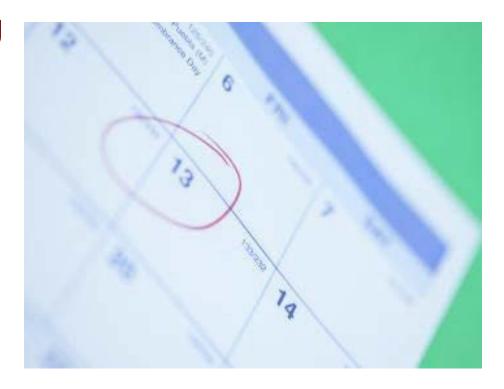
#1 Project Management



Separate large tasks into smaller, "bite-sized" tasks



- Create a timetable starting from the moving date and working backward
- Take on only one thing at a time at your pace
- Assign tasks to family members or hired help
- Comfort with each task before moving on to the next





Caring ransitions #2 Space Planning Senior Relocation • Downsizing • Estate Sales



Respect the new living space. Don't overcrowd it!



- Create a professional space plan for the new home
- Pre-printed layouts are not always accurate
- Make sure you leave enough room for mobility devices
- Focus on filling the new space before you worry about everything else.





#3 RightSizing





Focus on the road ahead, not what is being left behind



- Your goal is to celebrate the new HOME, not lament the old
- Start by identifying what you will NEED.
- Always take what you LOVE...even if it's old and worn
- Then add what you WANT ...as long as it fits!









#4 Purging

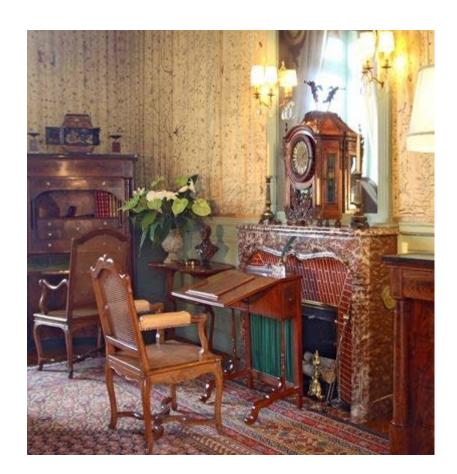




Release things in a meaningful way. Do not call an auctioneer! Do not allow cherry picking! Do not throw away anything!



- YOU may identify your charity of choice for donations
- YOU decide if you prefer to sell vs. donate
- Professionals help with advertising, labor and determining the value of items
- Honor and respect the sentimental value of possessions





#5 Moving Day



It's no ordinary move; plan ahead and get help!



- If local, move in the morning so you can unpack before day ends
- Make sure mom/dad are comfortable, get rest, food, liquids & take medications
- Invest in professional services to reduce stress
- Unpack boxes and remove trash and clutter for safety





#6 Resettlement



Create a HOME by including familiar things in every room



Most Important

- Moving in late life is a BIG deal: much like planning for a wedding or going off to college
- Understand the trauma of such a major transition
- Have patience and award control of the situation to yourself or a trusted advisor whenever possible
- To the children... Realize there is no "reversal" of parent/child roles. You are the son or daughter; your parents are still in charge of their own lives and have the final say in all matters (even if you don't agree!)
- Don't sweat the small stuff. Use this opportunity to celebrate family history and personal legacies.



Mr. Terry Kern

Caring Transitions of Northern Virginia

703-627-0556

Tkern@caringtransitions.net

Mr. Bob Orr

Caring Transitions of Northern Virginia

703-627-1154

borr@caringtransitions.net

